



## The Association on Aging Professional Development Training for the Aging Network

**Association on Aging in NY in partnership with NYSOFA and LiveOn NY, is pleased to announce the next series of Professional Development Training Webinars.**

Join us as we present on a variety of hot topics to enhance your skills and capacity as an aging services professional.

*\*Please note: All webinars are free but advanced registration is required*

### 1. Sex & Healthy Aging: A Guide for Senior Centers & Aging Providers

**Wednesday, February 3 / 1:30pm - 3:00pm**

This webinar is designed to help Aging services providers become more comfortable discussing sex and healthy sexual behaviors with older adults. It will acknowledge and recognize that older adults are having sex at all ages and will discuss information around healthy aging, sexual function and dysfunctional as we age, as well as the significance of immunosenescence (natural decline of the immune system due to age) while managing HIV and STIs.

This will help participants assess their own comfort level with having conversations about sex with seniors, provide skill-building opportunities on how to "break the ice," on how to create safe and inclusive spaces for LGBT seniors.

[Register Now](#)

### 2. Is it Social Bullying? Strategies for Assessing & Intervening with Older Adults

## Thursday, February 25 / 1:30pm - 3:00pm

This webinar will describe social bullying among older adults and provide strategies/interventions to create an environment where everyone feels safe and valued. It will differentiate social bullying from other bad behaviors; describe common characteristics of bullies and those likely to be targeted; provide assessment and intervention strategies that involve the entire community (including bystanders) in creating a welcoming, accepting community.

### Presenters:

**Marsha Frankel**, LICSW, Clinical Director of Services for Older Adults, Director of Mental Health Jewish Family & Children's Service

[Register Now](#)

For More information on these webinars please visit our website

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